

FOUNDATION FOR YOUTH

SUMMER 2022 SEASON

Grades 3-6 Triple Play

The registration for the program is based on the participant's grade for the 2022-2023 school year.
The participant must be at least 8 years old by Sunday, August 7, 2022.

WHAT

We are piloting a new program this summer called **Triple Play**.

The participants will **run, swim and hike** leading up to the one mile Tough Mudder "Mighty Mudder" obstacle course race.

The sessions will integrate curriculum from Boys & Girls Club Triple Play programs.

WHEN

July 8, 2022 - July 29, 2022

Friday

8:30AM - 11:30AM

Mighty Mudder Event

Sunday, August 7, 2022

11:00AM



Ceraland Park
3989 South 525 East
Columbus, IN 47203



COST

June 25, 2022 - July 15, 2022

\$50.00



405 HOPE AVENUE
COLUMBUS, IN 47201



WWW.FOUNDATIONFORYOUTH.COM



812-348-4558

FREQUENTLY ASKED QUESTIONS

Grades 3-6 Triple Play

WHAT IS TRIPLE PLAY?

Triple Play is a comprehensive health and wellness initiative.

The program strives to improve the overall health of members by increasing their daily physical activity, teaching them good nutrition and helping them develop healthy relationships.

The sessions will start and finish at Foundation For Youth each week.

The group will go out to Columbus Youth Camp to hike for one of the sessions.

WHAT IS INCLUDED IN THE REGISTRATION?

- 4 Week Curriculum
- Program T-Shirt
- Water Bottle
- Drawstring Bag
- Tough Mudder "Mighty Mudder" Race Entry

WHERE WILL INFORMATION BE COMMUNICATED FOR THE PROGRAM?

The Triple Play program will use the Remind app similar to other FFY Athletics programs. A season packet will be sent out on the Remind app the Monday before the program begins. The packet will include a group roster, season schedule, and coach contact information.

1. Download Remind App
2. Input Your Information
3. Click "Join A Class"
4. Enter Class Code
 - **Parent Group:** @405TRIPLE
 - **Volunteer Coach Group:** *Contact Athletic Director*
5. Notifications Options: App, E-Mail, Text Message



HOW CAN I GET INVOLVED?

We are always in need of volunteer coaches for our athletic programs.

We have a variety of volunteer coach resources, including coach applications, on our website.

www.foundationforyouth.com/athletics

I HAVE ADDITIONAL QUESTIONS. WHO SHOULD I CONTACT?

Ashley Harrison, FFY Athletic Director

ashley@foundationforyouth.com

812-348-4558 Ext. 313

