

TBRI FOUNDATION FOR HOPE

TBRI IS AN ATTACHMENT BASED,
TRAUMA INFORMED INTERVENTION
THAT IS DESIGNED TO MEET THE
COMPLEX NEEDS OF VULNERABLE
CHILDREN.

OFFERED AT **NO COST** TO THE
FAMILY

**MARCH
8 & 9
2024**

**MAY 31 &
JUNE 1
2024**

**AUGUST
23 & 24
2024**

**NOVEMBER
15 & 16
2024**

**FOUNDATION FOR HOPE (FFH) IS A
COLLABORATIVE PROJECT BETWEEN
FOUNDATION FOR YOUTH OF
BARTHOLOMEW COUNTY, JOHNSON COUNTY
COURT SERVICES, HOPEALIGHT, AND
DEPARTMENT OF CHILD SERVICES REGION 14.**

THE **HEARTBEAT** OF TBRI IS **CONNECTION.**

More Information +317-224-6210 andy@foundationforyouth.com

Columbus Youth Camp

12454 W. Youth Camp
Rd. Columbus, IN 47201

Registration Link

[www.foundationforyouth.com
/tbri](http://www.foundationforyouth.com/tbri)



PRINCIPLES OF TBRI

EMPOWERING: THIS TBRI PRINCIPLE WILL BE MET BY PROVIDING NUTRITION, HYDRATION, MOVEMENT, AND TRANSITIONS FOR ALL CAMP STAFF AND PARTICIPANTS.

- **NUTRITION:** BREAKFAST, LUNCH AND SNACK BREAKS, EACH DAY.
- **MOVEMENT:** SCHEDULED GROUP ACTIVITIES AND OPPORTUNITY FOR FREE PLAY OR MOVEMENT WITH THEIR BUDDY. ADULTS WILL BE GIVEN BREAKS TO MOVE AND EXPLORE THE CAMP ENVIRONMENT.
- **TRANSITIONS:** ENABLE YOU TO PLAN AND PREPARE FOR WHAT IS GOING TO HAPPEN AND EXPECTED OF YOU.

CONNECTING: WE CREATE AN ENVIRONMENT WHERE CHILDREN CAN USE THEIR **VOICE**, THEIR **NEEDS** ARE BEING MET, AND **CONNECTIONS** WITH CAREGIVERS ARE BEING MADE, ALL TO CREATE A **SAFE** SPACE FOR THEM TO LEARN, GROW AND LAUGH.

CORRECTING: WE PROVIDE ONE-ON-ONE **BUDDIES** WHO ARE TRAUMA INFORMED AND TBRI CAREGIVER TRAINED. SHOULD A BEHAVIOR PROGRESS, EACH FFH CAMP WILL BE STAFFED BY TBRI PRACTITIONERS WHO ARE HIGHLY TRAINED AND SKILLED TO **DEESCALATE** TRAUMA-RESPONSIVE BEHAVIORS. **BEHAVIOR REGULATION** WILL BE HANDLED WITH **CONNECTION** OVER CORRECTION AS A FOUNDATIONAL MODEL.

WHAT TO EXPECT

PRE-CAMP:

- CAREGIVERS WILL WATCH THE VIDEO "**TRUST-BASED PARENTING**"
- READ CHAPTER 4 OF **THE CONNECTED PARENT** BOOK.
- COMPLETE APPLICATION PAPERWORK WITH YOUR REFERRAL PROVIDER

DURING CAMP:

- **SUPPORTS:**
 - **TRAINING:** CAREGIVERS WILL ATTEND A TWO-DAY TBRI CAREGIVER TRAINING PRESENTED BY HOPEALIGHT.
 - **TECHNOLOGY:** A LAPTOP AND COMFORTABLE, PRIVATE SPACE WILL BE PROVIDED FOR EACH CAREGIVER UNIT TO ATTEND VIRTUAL TRAINING.
 - **BUDDIES:** YOUTH WILL BE ASSIGNED A ONE-ON-ONE BUDDY TO ASSIST THEM IN NAVIGATING CAMP
- **ACTIVITIES:**
 - **GROUP ACTIVITIES:** TEACH YOUTH HOW TO REGULATE BEHAVIOR USING RESPECTFUL INTERACTION
 - **ART AND MINDFUL MOVEMENT:** EXPLORE HOW TO MEET THEIR OWN SENSORY NEEDS, FIND VALUE IN ASKING FOR WHAT THEY NEED, AND OTHER VALUABLE LIFE SKILLS NEEDED TO REDUCE TRAUMA-RESPONSIVE BEHAVIORS.

POST CAMP:

- CAREGIVERS WILL ATTEND THREE ONE-HOUR **CONSULTATION** SESSIONS WITH THEIR TBRI TRAINER FROM HOPEALIGHT.
- THE FAMILY WILL RETURN TO CAMP FOUR TO SIX WEEKS FOLLOWING FOUNDATION FOR HOPE CAMP TO PARTICIPATE IN A DAYLONG HOPE FAMILY **CONNECTION CAMP DAY**.