

Communities That Care Mission Statement:

Provide education, support, and resources to individuals in the areas of substance use/misuse and mental health; to encourage reduction and prevention of substance abuse.



Communities That Care
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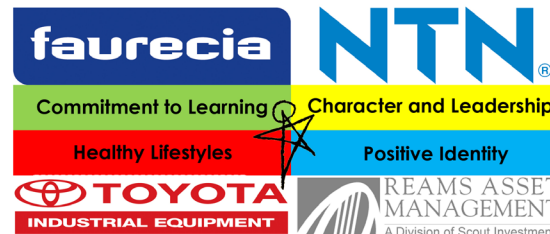
**Adolescent Learning
Experiences Resistance
Training**

Communities That Care A program of Foundation For Youth

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Funding was provided by the SAMHSA SAPT Block Grant through the Indiana FSSA/Division of Mental Health and Addiction.

Contract #0000000000000000000016859



About Project Alert

Project Alert is a class-room based Substance abuse prevention program for 7th and 8th graders that's proven to reduce experimental and continued use Of drugs among teens. Project Alert Provides students with the skills and Strategies to resist drugs.

Project Alert has achieved near-perfect Scores on the U.S. government's own Review process, the NREPP (National Registry of Evidence-based Programs And Practices).

Measurable results have Included:

- 40% drop in students already experimenting with cigarettes in becoming regular smokers
- 24% lower alcohol misuse score
- 20% reduction of highest-risk early drinkers
- 20-25% decrease in cigarette use during the past month
- 33-55% decrease in regular and heavy usage of cigarettes
- 60% decrease in current marijuana use

Goals of Project Alert

- Understand the consequences of using drugs
- Develop reasons not to use
- Establish school-wide norms against use
- Understand the benefits of being drug-free
- Recognize that most people don't use
- Identify pro drug pressures
- Counter advertising appeals
- Resist internal and social pressures to use
- Communicate with parents
- Recognize alternatives to substance use
- Support others in making non-use decisions
- Learn how to quit



Our Work

Communities That Care (a program of Foundation For Youth) is a substance use prevention program in Bartholomew County. Our mission is to provide education, support, and resources about substance use among all individuals in the community to encourage reduction and prevention.

We are currently partnering with Northside Middle School in Columbus to provide Project Alert to 7th graders.

Contact Us

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